



Areas of Focus

Substance Abuse Treatment & Prevention

To promote a drug free county by providing residents access to a program that addresses both substance abuse treatment & prevention.

Youth Development

Support youth development programs that provide opportunities for growth, development, safety & life skills to prepare for adulthood through programs

Community Solutions

To provide opportunities for Grayson County residents to live independently & self sufficiently



Sponsors

CIGNA

ATMOS

Chapman Inc.

Dr. Mark Young

Texoma Medical Center

Target

Tyson

Coca-Cola

KXII

Tree Service Solution

Register online at:

www.active.com

Search:

Hustle for Health

Sherman TX



Registration Form



Benefiting

**United Way of Grayson County
and its
Community Partners**

Register online at

www.active.com

Search

**Hustle for health
Sherman TX**

United Way Hustle for Health

Time & Date:

8:30 a.m. Saturday August 28, 2010

Location:

Grayson County Courthouse, Sherman TX

Distance:

10k 5k 1k fun run

Cost:

10K,5K \$20 (\$25 after Aug.1)

1K \$1

Awards: Cash for overall male & female

19 and under	31-35	56-50	56-60
20-25	36-40	41-45	61and up
26-30	51-55	46-50	

All kids will receive a medal for the 1k fun run

Packet Pickup:

Thursday, Aug. 26th 12-6

Friday, Aug. 27 12-8

Academy Sports and Fitness
3939 North US Hwy 75
 Sherman TX 75090-7167

Contact:

Angie Tol 903-327-2831
 angietol@yahoo.com

David Cortinas 903-893-1920
 david.cortinas@unitedwaygrayson.org

Host Hotel

Comfort Inn & Suites
2900 Hwy 75 N
 Sherman TX 75090 903-893-0499

REGISTRATION

Mail to: **United Way of Grayson County**
 PO Box 1112,
 Sherman TX 75090



Register online at: www.active.com

Search: Hustle for Health / Sherman TX

Name: _____

Address: _____

City, State, Zip _____

Age on race day: _____ **Male** _____ **Female** _____

Adult T-shirt size: **S** **M** **L** **XL** **XXL**

E-mail: _____

In consideration of this entry, I assume all risk of injury to myself and damage or loss of property arising out of my participation and hereby release and forever discharge the sponsors and promoters of this event, including CIGNA., United Way of Grayson County, the city of Sherman and their respective subsidiaries, agents, subcontractors and volunteers from any claims or damages which may arise from my participation in the Hustle for Health (the "Event"). In consideration and of my own free will, I for myself, my heirs, executors and administrators indemnify and hold harmless all of the aforementioned sponsors and promoters from liability, claims, demands, actions, loss, and/or damage arising out of my participation in the Event. I give my full permission to United Way of Grayson County its affiliates and the sponsors and promoters to use any photographs, videotapes, audio tapes or other recordings of me that are made at the event.

Signature: _____

Date: _____

Parent Signature (If minor) _____